

LaRC SAFETY HIGHLIGHTS

March 24, 2003

FY 2003 - Civil Servants



() = Number of new occurrences

OSHA Recordable Cases = Fatalities, Lost Time, Incidents and Restricted Work Incidents.
Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost.
Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

Injury/Mishap Information

- The Center has been **433** days **without** a Civil Servant **Lost Time Injury. (This is the current record, exceeding the previous record of 251 days)**
- **OSHA Restricted Work Incident** - An OEA employee sustained a back injury while lifting newspapers out of the delivery bin with one hand, resulting in 8 restricted work days. The employee was reminded to use both hands when lifting heavy objects and to bend at the knees to avoid injury.
- **OSHA Recordable Incidents** (External treatment required or prescription strength medication administered.)
 - A SEC employee received foreign particles in the left eye while emptying large trash containers filled with woodworking machinery scraps and dust into the dumpster, when the wind blew some dust into the eye. Goggles have been ordered for employees to use to prevent any future occurrences.
 - A SMC employee sustained a muscle strain to the back while installing a cover plate over a sump pump pit. The employee was replacing the cover plate in an unorthodox manner. "Back safety" training was reemphasized to the employee.
- No first aid cases involving civil servants were reported.



Portable Radios and Tape Player Headphones - Use discretion when using headphones with radios and tape players while walking/jogging or in the workplace. One ear should remain uncovered so that warning noises, voices, etc., can be heard. Employees should also secure headphone cords so that they do not become entangled in rotating machinery or get caught on objects, leading to a mishap and possible injury (reference LAPG 1740.2, Paragraph 8.5).